



# See Jane Cook

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## THE FREEZE'S CONEY SAUCE

- 2 lbs. lean ground chuck
- 2 tbsp. oil
- 1 large sweet Spanish onion, chopped
- 1 large can (28 oz.) tomato sauce
- 1/3 cup ketchup
- 1 tbsp. Worcestershire sauce
- 1 tsp. hot pepper sauce
- 2 tsp. crushed red pepper flakes
- 1 tbsp. vinegar
- 4 tsp. chili powder

Brown ground beef in a heavy saucepan and drain off grease. In a skillet, heat oil and sauté onion until limp. Add to ground beef with remaining ingredients. Simmer until flavors are blended.